



RIP & RIDE



Lacrosse Camp and Ride the Slopes!

UVM's Head Women's Lacrosse Coach Jen Johnson presents a winter Lacrosse Camp combined with skiing and snowboarding in the Vermont mountains. Come spend the long weekend being coached by TOP College coaches and shredding the mountain.

WWW.FUELLACROSSE.COM

INFORMATION:

WHEN - January 15-18 2010

WHERE - Burlington VT

Lacrosse - playing at UVM's Gutterson Indoor Field House
Held on University of Vermont's Campus

Accommodations - Best Western Windjammer Inn

Skiing/boarding - Bolton Valley

WHO - Girls in 9th through 12th Grades

CHECK-IN - 3:00pm-5:00pm January 15th 2010 at Hotel

CHECK-OUT - 12:00pm January 18th 2010 at Hotel

COST - please see below -

OPTION 1 -OVERNIGHT CAMPER :\$900 - includes 2 days of ski/board lift tickets, accommodations, meals, lacrosse indoor training facility, expert lacrosse instruction, transportation to and from hotel to training facility and mountain, prizes and gifts.

OPTION 2 COMMUTER CAMPER: (ski and lax) \$725 - includes 2 days of ski/board lift tickets, all meals except breakfast, lacrosse indoor training facility, expert lacrosse instruction, transportation to and from hotel to training facility and mountain, prizes and gifts.

OPTION 2 COMMUTER CAMPER: (lax only) \$550 - lacrosse indoor training facility, expert lacrosse instruction, transportation to and from hotel

LIMITED ENROLMENT- FIRST COME FIRST SERVE
MAKE CHECKS PAYABLE TO FUEL LACROSSE

TO REGISTER:

Go To:

www.fuellacrosse.com
Click on camps

Download Registration Form and mail in with check made out to Fuel Lacrosse to by January 2, 2009 to:
Jen Johnson - Rip & Ride Camp
Head Women's Lacrosse Coach
University of Vermont
97 Spear St.
Burlington, VT 05405

Make sure to download all confirmation materials from www.fuellacrosse.com.
Shuttle forms due January 1, 2010.
Bring Medical forms and Waiver to registration at Camp.

QUESTIONS: Call or Email Jen Johnson at 802-656-7709 or Jennifer.Johnson@uvm.edu

COACHES:

Jen Johnson - Head Women's Lacrosse Coach University of VERMONT

Alex Kahoe - Asst Women's Lacrosse Coach DUKE - Goalie coach

Courtney Farrell - Asst Women's Lacrosse Coach DARTMOUTH

Liz Robertshaw - Head Women's Lacrosse Coach BOSTON University

Lauri Kenis - Asst Women's Lacrosse Coach University of MARYLAND

Lindsay Pittard - Asst Women's Lacrosse Coach University of VERMONT

SCHEDULE:

(tentative)

January 15th

3:00pm - 5:00pm Check-in

6:00pm - 9:00pm Lacrosse

9:30pm college night

January 16th and January 17th

8:00am - Breakfast

9:00am - at the mountain

11:30am - Lunch

3:00pm - back to hotel

5:00pm - Dinner

6:00pm - 9:00pm Lacrosse

9:30pm evening activity

January 18th

8:30am -12:00pm Lacrosse

GO TO:

WWW.NORTHERNEDGELACROSSE.COM

and

WWW.FUELLACROSSE.COM

To Register and For more information